



CITY OF MOUNTAIN VIEW

SENIOR ADVISORY COMMITTEE

AGENDA

REGULAR MEETING – WEDNESDAY, JUNE 15, 2016
SMALL MEETING ROOM AT SENIOR CENTER – 266 ESCUELA AVENUE
2:00 P.M.

1. **CALL TO ORDER**

2. **ROLL CALL**—Committee members Conlon-Sandhu, Moore, Petersen, Salisbury, Vice Chair Tymes, and Chair Galli.

3. **MINUTES APPROVAL**

Minutes for the May 18, 2016 meeting have been delivered to Committee members and copies posted on the Community Center and Senior Center bulletin boards. If there are no corrections or additions, a motion is in order to approve these minutes.

4. **ORAL COMMUNICATIONS FROM THE PUBLIC**

This portion of the meeting is reserved for persons wishing to address the Committee on any matter not on the agenda. Speakers are limited to three minutes. State law prohibits the Committee from acting on nonagenda items.

5. **UNFINISHED BUSINESS**

10 min 5.1 **COMMUNICATIONS SUBCOMMITTEE**

The Senior Advisory Committee (SAC) will receive an update on work done by the Subcommittee.

10 min 5.2 **SENIOR CENTER SUBCOMMITTEE**

The SAC will receive an update on work done by the Subcommittee.

10 min 5.3 **FOCUS ON SENIOR-FRIENDLY CITIES SUBCOMMITTEE**

The SAC will receive an update on work done by the Subcommittee.

6. NEW BUSINESS

20 min **6.1 JOINT MEETING WITH THE BICYCLE/PEDESTRIAN ADVISORY COMMITTEE**

The SAC will discuss and prepare possible topics to share with the Bicycle/ Pedestrian Advisory Committee at the joint meeting scheduled September 28, 2016.

40 min **6.2 SENIOR ADVISORY COMMITTEE FISCAL YEAR 2016-17 WORK PLAN**

The SAC will discuss and develop the SAC Fiscal Year 2016-17 Work Plan.

7. COMMITTEE/STAFF COMMENTS, QUESTIONS, COMMITTEE REPORTS

No action will be taken on any questions raised by the Committee at this time.

10 min **7.1 SENIOR CENTER UPDATE FOR THE MONTH OF JUNE**

Staff will provide a brief summary of the programs at the Senior Center for the month of June.

15min **7.2 COMMITTEE ROUNDTABLE**

No action will be taken on any questions raised by the Committee at this time. Approval by the Committee to be agendaized for future meetings can be reached by a majority vote.

8. ADJOURNMENT

TP/3/CSD

217-06-15-16A-E

AGENDAS FOR BOARDS, COMMISSIONS, AND COMMITTEES

- The specific location of each meeting is noted on the notice and agenda for each meeting which is posted at least 72 hours in advance of the meeting. Special meetings may be called as necessary by the Committee Chair and noticed at least 24 hours in advance of the meeting.
- Questions and comments regarding the agenda may be directed to the Recreation Division, Senior Center, at 650-903-6330.
- Interested persons may review the agenda and staff reports at the City Clerk's Office, 500 Castro Street, Third Floor, beginning the day before each meeting. Staff reports are also available during each meeting.
- **SPECIAL NOTICE – Reference: Americans with Disabilities Act, 1990**
Anyone who is planning to attend a meeting who is visually or hearing-impaired or has any disability that needs special assistance should call the City Manager's Office at 650-903-6301 48 hours in advance of the meeting to arrange for assistance. Upon request by a person with a disability, agendas and writings distributed during the meeting that are public records will be made available in the appropriate alternative format.
- **SPECIAL NOTICE –**Any writings or documents provided to a majority of the Senior Advisory Committee regarding any item on this agenda will be made available for public inspection in the Mountain View Community Center, located at 201 South Rengstorff Avenue, during normal business hours and at the meeting location noted on the agenda during the meeting.
- The Board, Commission, or Committee may take action on any matter noticed herein in any manner deemed appropriate by the Board, Commission, or Committee. Their consideration of the matters noticed herein is not limited by the recommendations indicated herein.

ADDRESSING THE BOARD, COMMISSION, OR COMMITTEE

- Interested persons are entitled to speak on any item on the agenda and should make their interest known to the Chair.
- Anyone wishing to address the Board, Commission, or Committee on a nonagenda item may do so during the "Oral Communications" part of the agenda.



CITY OF MOUNTAIN VIEW

SENIOR ADVISORY COMMITTEE

MINUTES

REGULAR MEETING – WEDNESDAY, MAY 18, 2016
SMALL MEETING ROOM AT SENIOR CENTER – 266 ESCUELA AVENUE
2:00 P.M.

1. **CALL TO ORDER**

The meeting was called to order at 2:00 p.m. by Chair Galli.

2. **ROLL CALL**

Committee Members Present: Committee members Moore, Petersen, Salisbury, Vice Chair Tymes, and Chair Galli.

Committee Members Absent: Committee member Conlon-Sandhu.

City Staff Present: Michele Petersen, Recreation Supervisor and Staff Liaison; and Tyler Phillips, Senior Recreation Coordinator.

3. **MINUTES APPROVAL**

Motion—M/S Tymes/Salisbury—Carried 5-0-1; Conlon-Sandhu absent—Minutes for the Regular Meeting of April 20, 2016 were approved without modification.

4. **ORAL COMMUNICATIONS FROM THE PUBLIC**—None.

5. **UNFINISHED BUSINESS**

5.1 **COMMUNICATIONS SUBCOMMITTEE**

Committee member Salisbury provided an update to the Senior Advisory Committee (SAC) on his interactions with local seniors.

No action taken.

5.2 SENIOR CENTER SUBCOMMITTEE

No new updates.

No action taken.

5.3 FOCUS ON SENIOR-FRIENDLY CITIES SUBCOMMITTEE

Staff provided a brief update on the process. Vice Chair Tymes provided the SAC with an update on Age-Friendly Cities at the County level.

No action taken.

6. NEW BUSINESS – None.

7. COMMITTEE/STAFF COMMENTS, QUESTIONS, COMMITTEE REPORTS

7.1 SENIOR CENTER UPDATE FOR THE MONTH OF MAY

Staff provided a brief summary of the programs at the Senior Center for the Month of May. As part of the discussion, the SAC requested staff look into the possibility of the SAC hosting a Candidates Forum for the 2016 Mountain View City Council race.

7.2 COMMITTEE ROUNDTABLE

Vice Chair Tymes provided an update on Alzheimer's statistics in Santa Clara County.

8. ADJOURNMENT

Motion – M/S Tymes/Salisbury – Carried 5-0-1; Conlon-Sandhu absent – To adjourn the meeting at 2:42 p.m.

SENIOR ADVISORY COMMITTEE WORK PLAN
Fiscal Year 2015-16

Title and Description	Key Milestones	Date (per milestone)	Current Status/Notes
Ongoing Work Items			
<p>A. Provide enhanced awareness of senior issues within a diverse community, increase outreach, and ensure the greatest quality of service possible by the Senior Advisory Committee (SAC).</p>			<p>Overarching mission of the SAC.</p> <p>Forward an updated State of Mountain View Senior Report to City Council – Fall 2015</p>
<p>B. Communications Subcommittee – Priority mission is to communicate with Mountain View seniors via the following methods:</p> <ul style="list-style-type: none"> • Senior survey. • Identify speakers. • Use City website, City Facebook, I Love MV website to communicate important information and updates to seniors. • Provide communication support to full SAC and subcommittees considering the following: <ul style="list-style-type: none"> – Specific communication subjects. – Education workshops. – Education materials. 	<ul style="list-style-type: none"> • Continue to provide content to staff for the City website and the Senior Center Facebook Page. • Provided a workshop on Alzheimer's. <ul style="list-style-type: none"> – Alzheimer's Update • SAC provided an outreach table and distributed informational material regarding the Senior Center and the SAC at community events. 	<p>11/13/14</p>	<p>Ongoing</p> <p>Ongoing</p>

Title and Description	Key Milestones	Date (per milestone)	Current Status/Notes
<ul style="list-style-type: none"> – Articles and information for media outlets (i.e., <i>Mountain View Voice</i>, KMVT). • Communicate with Mountain View businesses and distribution of SAC poster. 	<ul style="list-style-type: none"> • Adopted guidelines for SAC endorsements. • Draft guidelines for endorsement requests made to the SAC. • Translate SAC poster into Chinese. 	11/19/14	Develop a plan for printing and distribution of the Chinese poster.
<p>C. Senior Center Subcommittee – Priority mission is to maintain an active presence at the Senior Center and to provide education and support to enhance senior programs for the community.</p> <ul style="list-style-type: none"> • Organize an annual Meet and Greet at the Nutrition Program with City Council and SAC members. • Provide an educational workshop series at the Senior Center. • Support the Senior Center through sharing or resources and new program ideas with the Senior Center and Community Services Agency (CSA). 	<ul style="list-style-type: none"> • Conducted fourth annual Meet and Greet with City Council. • Conduct monthly Alzheimer’s screenings. 	3/4/15	Ongoing

Title and Description	Key Milestones	Date (per milestone)	Current Status/Notes
<p>D. Focus on Age-Friendly Cities Subcommittee – Priority mission is to target those most in need of support in the community: frail, at-risk, homebound seniors with limited access to resources most in need to age in place.</p> <ul style="list-style-type: none"> • Develop instruction modules; for example, in how to read/understand: websites which list physicians with geriatric specialties, articles about health problems, and directions on taking medications. • Focus on senior-friendly cities criteria. <ul style="list-style-type: none"> – Housing. – Transportation. 	<ul style="list-style-type: none"> • Provided a three part speaker series, Life in a Senior-Friendly City: <ul style="list-style-type: none"> – Cultural Diversity and Healthy Aging in Senior-Friendly Cities, by Darlene Yee-Melichar. – Assistive Technology for Older Adults, by David L. Jaffe. – Seniors Advancing Age-Friendly Mountain View, by Anabel Pelham. • Provided a letter requesting City Council investigate setting up a fund to assist seniors to help repair their homes and bring them up to code. 	<p>4/9/15</p> <p>5/14/15</p> <p>6/11/15</p> <p>2/18/15</p>	

Title and Description	Key Milestones	Date (per milestone)	Current Status/Notes
<p>E. Continue dialogue to share challenges of seniors and people with disabilities aging in Mountain View with other commissions and committees such as:</p> <ul style="list-style-type: none"> • Council Transportation Committee • City of Mountain View ADA Coordinator • Parks and Recreation Commission • Human Relations Commission • Downtown Committee • Performing Arts Committee • Planning Commission • Bicycle/Pedestrian Advisory Committee • Environmental Planning Commission • Other Agencies • Other City Committees and Commissions 	<ul style="list-style-type: none"> • Provided input for the Bicycle Pedestrian Master Plan. 		Ongoing
Fiscal Year 2015-16 Work Items			
1. Pursue establishing a City task force to acquire certification as an Age-Friendly Community.			
2. Continue to champion ways to keep Mountain View seniors housed in Mountain View.			